



NAVAJO NATION

COVID-19 Safe Schools Framework

COVID Safety Tips for Families and Children



Choose safer activities

- Choose activities with fewer people that require less time around others.
- Outdoor activities are safer than indoor ones.
- Gather only with people you live with, It's the safest option.



Safer Travel Tips

- Wait to travel until you are fully vaccinated.
- Wear a mask even if you have been vaccinated.
- Do not travel if you have symptoms of COVID-19.



Protect your family members

- Everyone 2 years and older should wear a mask in public, and around people that they don't live with.
- Children younger than 2 years do not have to wear a mask.
- Protect the vulnerable family members- younger children, older adults, and those with health conditions.



Get the COVID-19 vaccine

- COVID-19 vaccines are effective at helping protect against severe disease and death from COVID-19 and its variants.
- You may have side effects after vaccination. These are normal and should go away in a few days.
- Get vaccinated- yourself and everyone who is 12 years and older in your family



Important Safety Practices:

- Wear a mask in public, including schools and businesses.
- Wash your hands, and use hand sanitizer.
- Watch your distance- Stay 6 feet away from others who don't live with you.
- Avoid large gatherings with others you don't live with.
- Stay home when you're sick.
- Get tested for COVID-19 if you have symptoms of COVID-19.



Delta Variant:

- Delta Variant is a new variant that causes COVID-19
- It is very contagious, and spreads more rapidly.
- May make people more sick.
- Vaccines are effective against the Delta Variant